

- Dr Marais was born and grew up in Pretoria until the age of 10 years
- She then moved with her family to a small town, Maanhaarrand
- She matriculated at the Agricultural School Bekker in Magaliesburg
- She started her nursing career at the then called H F Verwoerd hospital as a student of the SG Lourens Nursing College in 1983
- She completed her Diploma in General Nursing and Midwifery in 1986
- She did a one-year Diploma in Psychiatry, and worked as ward sister (professional nurse) in Weskoppies hospital
- Dr Marais transferred to the SG Lourens Nursing College as lecturer in Psychiatry and Social Sciences in 1990
- She completed her degree at UNISA with majors in Community Health, Nursing Education (1991) and Nursing Management (1993)
- She completed a Master's degree at the Randse Afrikaans University (now University of Johannesburg) in 1995. This was a clinical Master's degree in which she produced Guidelines for improving the Mental Health of Non-commissioned Officers in the Department of Correctional Services
- In 2001, Dr Marais obtained a clinical Doctoral degree at the same University. Her Thesis: "A model for interactive facilitation with the survivor of armed robbery"
- As part time lecturer with University of Pretoria, Dr Marais supervised 5 Master's Degree dissertations in Psychiatry
- Dr Marais was employed as Assistant Director Nursing: Personnel Counsellor in HF Verwoerd Hospital in 1995 and then managed different positions within this post
- She was promoted to Deputy Durector in 2006 and Head of Nursing in 2010 at the Steve Biko Academic Hospital
- Dr Marais was promoted to Director: Nursing practice in 2015 and acted as Director: Mental Health in Gauteng province from 2017 to 2019
- She was appointed as Director: Nursing Education and Training in the National Department of Health in May 2019
- In her free time, she is a part time farmer and enthusiastic cyclist. She completed 24 Argus Cycling tours
- Dr Marais is a widow and a mother of a 22 year-old young man, Louis Marais

I, Dr S J Marais hereby declare that information contained in this Curriculum Vitae is the truth:

S J Marais

Dr S J Marais

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